

Back on Track

with Social and Emotional Mental Health (SEMh)

This project works in partnership with primary and secondary schools to build an informed understanding of how to effectively meet the needs of children with Social Emotional and Mental Health needs (SEMh). This project will run until 2020. We will work with a fixed number of children and young people with SEMh. The project is not open to referrals or to be used for children in crisis. We deliver targeted therapeutic intervention to help the children and young people flourish in education, at home and in the community. Each child we work with receives personalised support according to their needs. A designated worker supports each child as well as other members from the team. The team is made up of speech and language therapists, family practitioners, family school liaison workers and an educational psychologist, clinical psychologist and occupational therapist. This ensures wrap around support is provided. Everyone is brought together around the child including family, school and any involved services. The child is at the forefront of our work to ensure their needs are being met fully in all aspects of their life. The success of this project will help shape the future of children and young people's services within schools.

Our team goals:

- Support children to re-engage in education & achieve their full ability.
- Reduce the number of exclusions children receive throughout their school life.
- Increase children's self esteem and resilience.
- Enable children to feel a part of their community now and in the future.
- To bring families together to support one another.
- For schools to be equipped to successfully meet the needs of all children no matter their need.

For further information about the project please contact
Sandra.Maughan@northyorks.gov.uk

Back on Track with SEMh Team

Manager	Organises and coordinate the work of the team to ensure that children are receiving the right support at the right time based on their individual needs. Works in partnership with the schools and appropriate services to ensure the children's needs are being met effectively.
Educational Psychologist	Uses psychology to help people to understand and develop children's learning, behaviour and emotional well-being. Listens to the views of children, parents and school staff; and may work at a community, whole school, group, family or individual level.
Clinical Psychologist	Develops positive relationships with children so that they feel safe to work through emotional difficulties. Looks at things in a holistic way, recognising the complex and fluid relationships between multiple factors.
Speech and language therapist	Identifies and supports any communication need, which may have been hidden until now. Specialist assessment of all aspects of Speech, Language and Communication need. Delivers targeted intervention with children and provides coaching, modelling and advice to teaching staff.
Occupational Therapist	Helps young people understand and manage triggers for their behaviour which may include; underlying sensory needs, difficulties with motor skills 'which may include support with handwriting' and coordination.
Family-School Liaison Worker	Strengthens the link between the child or young person's school and home to help them re-engage with learning.
Family practitioner	Support children and young people to feel confident in achieving at school. This involves working with the family and with school.